

acuatica nelson vargas

Invites every interested swimmer to the

Acapulco 5k Internacional 2013.

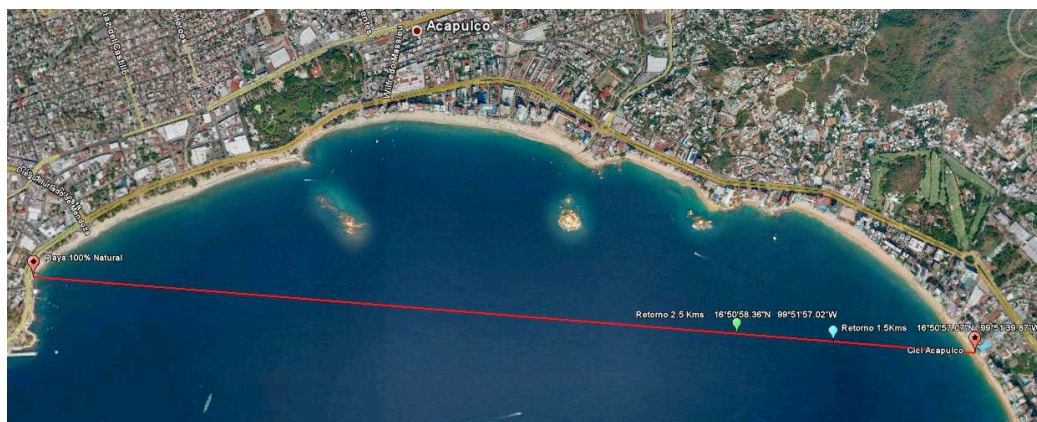
DATE:

Saturday, January 26st 2013

COURSE AND DISTANCES:

The race course and distances will be as follows:

- 1.5 Km. For 7-8 and 9-10 years Kids
 - The 1.5km. race will start at the CICI Beach, going to the 750m mark and returning to the CICI Beach.
- 2.5 Km. For every age group older than 11 years.
 - The 2.5km. race will start at the CICI Beach, going to the 1250m mark and returning to the CICI Beach.
- 5.0 Km. For every age group 14 years and older.
 - The 5km. race will start in "Las Hamacas" Beach ending in the CICI beach. **Race limit time is 2 hours.**
 - The pace for every 100 meters should be 2:24 so you can finish before the limit time. The swimmer that could not finish on time will be removed from the sea.



PRESENTED BY:

Acuática Nelson Vargas and the Mexican Swimming Federation.

SCHEDULE:

Friday, January 25th

10:00 a 18:00 Athletes check in (place to be informed).

19:00 Technical Meeting (Holiday Inn Resort Hotel).

Saturday, January 26st

8:00 1.5, 2.5 and 5.0 race start

11:00 Awards Ceremony

PARTICIPANTS:

Every swimmer interested in participate in this spectacular race

AGE GROUPS:

Age groups will be determined by swimmer age at race date (January 26st)

The 5.0k race is open Only for 14 and older swimmers.

Age groups will be as follow:

Kids and Junior 1.5k and 2.5k:

7 - 8 years
Kids A (9 - 10 years)
Kids B (11 - 12 years)
Junior A (13 - 14 years)
Junior B (15 - 16 years)
Junior C (17 - 18 years)

Junior 5.0k:

Junior A (14 - 16 years)
Junior B (17 - 18 years)
Junior C (19 - 23 years)
OPEN (24 and over)

Masters 2.5k and 5.0k

(19 - 24 years)
(25 - 29 years)
(30 - 34 years)
(35 - 39 years)
(40 - 44 years)
(45 - 49 years)
(50 - 59 years)
(60 and over)

RULES:

The race will be held under the FINA and FMN rules for Open Water Events.

ENTRIES:

Entries will be open on November 21st and will be closed on January 10th

COST: \$60.00 USD

LIMIT: 700 swimmers

For more information about international entries please contact Mauricio Garduño at mauricio.garduno@anv.com.mx

IMPORTANT: The organizing committee is not responsible for event cancelation due to proven force majeure events or unforeseen circumstances.

LODGE AND MEALS:

For information about Lodging please contact Mauricio Garduño at mauricio.garduno@anv.com.mx

COMPETITOR KIT:

Should be claimed ONLY on January 25th from 10:00 through 18:00 hours.

Kit includes:

- Swim Cap
- Event's commemorative T-Shirt
- Timing Chip (should be returned at the end of the race)
- Entry ticket for "CICI" (aquatic park), for the awards ceremony.
- Commemorative Medal (for every swimmer that finishes the race.

If the Chip is not returned to the Organizing Committee at the end of the race the competitor should pay a \$20.00USD fine.

Competitor Packages will not be available on Race Day

AWARDS:

- Commemorative Medal (for every swimmer that finishes the race.
- Medal for the 3 fastest swimmers of each age group
- Special awards for fastest swimmer of each distance/gender

**ELECTRONIC
TIMING:**

ANV will be responsible for timing using the best technology for Open Water Races. Transponder Chips, which must be used on the wrist, will be used for timing the Race.

The finish line will be in the water.

EXTRAOFFICIAL RESULTS:

Will be published during the race as the swimmers finish. Please consult them, and if necessary, go to the timing area for any claim.

OFICIAL RESULTS:

Will be posted the same day after 16:00 hrs on www.anv.com.mx where you will also be able to print the race certificate.

JUDGES:

Will be designated by the Organizing Committee.

TECHNICAL MEETING:
REHIDRATATION STATION:
MEDICAL SERVICE:

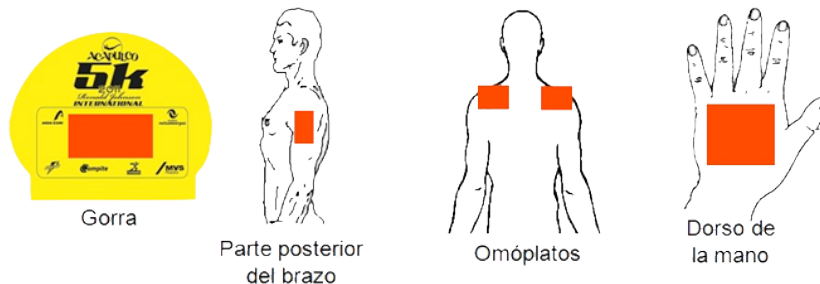
Will be held on January 25th at the Holliday Inn Resort Hotel.

In the finish area you will find Isotonic drinks and fresh water

Organizing Committee will provide First Aid Medical Assistance. If necessary, the competitor will be responsible for transportation and hospitalization costs.

SWIMMERS MARKING:

Every swimmer will be responsible for their own marking, and should be in the spots described bellow.



OTHER:

The Organizing Committee will resolve special circumstances not addressed in this document.